STEP BY STEP DYSLEXIA SOLUTIONS WITH DR. MARIANNE

REINDEER FOOD

Let's prepare some food for the reindeer! Below is a list of ingredients to make reindeer food. With each action, have your child spell the ingredient out-loud. Once finished, set it outside on Christmas Eve to feed Santa's reindeer.

> 1.) 3 chopped celery stalks ...with every chop spell - "c-e-l-e-r-y"

> 2.) 3 chopped carrot sticks ...with every chop spell - "c-a-r-r-o-t"

3.) 4 scoops of oats ...with every scoop spell - "o-a-t-s"

4.) 9 shakes of sprinkles ...with every shake spell - "s-p-r-i-n-k-l-e-s"

5.) 4 stirs in a bowl ...with every stir spell - "s-t-i-r"

