

STEP BY STEP DYSLEXIA SOLUTIONS WITH DR. MARIANNE

JAM-UARY BLESSINGS!

This delicious January jam symbolizes positive things for 2023 and blesses the year to come!

1. In a pot, combine the following...
 - 2 cups of fruit, symbolizing having a fruitful year.
 - 3/4 cup of sugar, symbolizing noticing the sweetness of life.
 - 1 tablespoon of lemon juice, symbolizing making the best of sour situations.
2. Let it come to a boil.
3. Gently smash the fruit with a spoon while stirring.
4. Once thickened, let it cool and talk with your child about what they want to accomplish in 2023!

